

# K.C. COLLEGE OF EDUCATION

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Session 2011-2012



## K.C. Bulletin

### From Principal's Desk

It is a matter of great pride and pleasure for me to present this issue of college Newsletter "K.C. Bulletin". The college stands committed to provide quality education to the budding teachers and to produce socially productive individuals aspiring to serve the nation. It has been our constant effort to create and sustain an encouraging and democratic environment so that everyone works with an inner drive and is geared towards exploring all the possible avenues to make his/her stay in the college a truly transformative and enjoyable experience. Mistakes, if any, do not harm our working spirit but help us to do better next time. This newsletter is an effort to present merely an overview of the various activities held during the last session. I hope we will be able to scale new heights and continue to excel in all our endeavors in the coming session too.

Wishing you a very happy reading!



—Taranjeet Kour—

### Workshop cum Exhibition of Low Cost Teaching Aids

In view of the forthcoming teaching practice, the college organized a two-day workshop on teaching aids, on March 15, 2011 to March 16, 2011. During the workshop, orientation regarding making teaching aids in various teaching subjects was provided to the students. Subsequently the students were divided into groups and each group was assigned the task of preparing teaching aids upon the topics assigned to them under the guidance of respective group teacher. The programme was convened by Sunyana Padha, Lecturer in Education. In the concluding session, an exhibition of the work of trainees was organized in the college which was later visited by the students of K.C. Public School.



### Extension Lecture I

The college organized an extension lecture on the topic "motivation and stress management : Essential skills for parents, teachers and students" on March 26, 2011. Dr. Darshana Sharma, Associate Professor, Directorate of Distance Education, University of Jammu was the worthy resource person. In her lecture she impressed upon the causative factors and consequences related to



stress and spoke at length about the remedial measures to combat it. During the interactive session, she resolved various queries put up by the students as well as the teachers. Speaking on the occasion, the Principal, Ms. Taranjeet Kour said that such programmes need to be conducted to help parents, teachers and students develop a positive attitude and shape their personalities along desirable lines.

## Extension Lecture II

Another extension lecture was organized by the college on the topic "menace of Ragging- its legal implications on March 29, 2011. Justice O.P. Sharma, Retd. Justice J&K High Court was the worthy resource person on the occasion. Deliberating upon the subject, he talked about the various aspects of this ugliest practice which has, of late, taken the form of an offence. He spoke at length about its legal implications. Ms. Taranjeet Kour, Principal of the college thanked the worthy speaker for his valuable effort and stressed upon the need of imparting such knowledge to the budding teachers who, in future, would have to become a part of the machinery to combat the evil of ragging.



### Picnic at Mansar

The students and the staff of the college enjoyed a day long picnic at 'Mansar' on March 17, 2012.



### The Alumni Galore ...

An alumni meet was organized in the college premises on April 16, 2011 in which a good number of Alumni participated. The theme of the day was "Meet the Alumni". During the meet, the alumni interacted with the management, staff and present batch trainees of the college. Saji Jacob, an alumnus of 2004-05 batch of the college presently serving as principal in the CBSE affiliated school



in Punjab shared his experiences as student of the college and also talked about the prospects of teaching as a profession in private sector. Other alumni who spoke on the occasion were Sanjeevani Sehgal,

Ms. Taranjeet Kour, Principal of the college, in her welcome address highlighted the role of Alumni as valuable resources in the form of guest lectures, mentoring programmes, interactive sessions and placement assistance.

## World Aids Day

To marks the world Aids day falling on Dec. 1 every year, the NSS wing of the college organized a lecture in the college on Dec. 5, 2011 as an awareness programme about HIV/AIDS. The theme of the lecture was "Know Aids for No Aids". Prof. (Dr.) Arati Bakshi, Head Department of Psychology, University of Jammu was the worthy resource person. It is pertinent to mention here



## Communal Harmony Week

The communal harmony week was observed by the college NSS wing w.e.f. Nov. 19, 2011 to Nov. 25, 2011. On the very first day, the volunteers



were given orientation regarding fund raising and other activites to be taken up during the week. On the following days, the various activities



conducted were : Painting cum poster making competition, slogan writing competition, Poetry recitation and a skit based on the factors leading to communal disharmony. During the fund-raising campaign door to door collection was made. A bank draft of Rs. 2000/- was sent to the secretary NFCH, New Delhi-110003. Here it is note-worthy that our NSS Volunteers work on behalf of the National Foundation for Communal Harmony, NFCH an autonomous charitable organization under the ministry of Home Affairs and further that this event is observed by the college every year as a routine activity.

## World Environment Day

The NSS wing of the college organized a one-day seminar on the topic "Environment Protection - need of the hour" to commemorate world environment day on June 5, 2011. The volunteers participated in the event with great zeal and enthusiasm and presented their papers on various aspects of deteriorating environment, the causative factors and the preventive

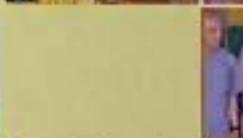
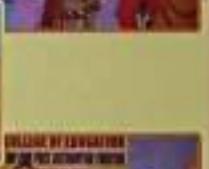
measures. Sh. VP Goswami, Financial Advisor, KC Educational society was the guest on the occasion. Earlier he accorded a warm welcome to the NSS Programme off. Mr. Tamana Pandohi. In his address, he appreciated the efforts of the volunteers for taking up such an important issue for purpose of discussion. Ms. Taranjeet Kour, Principal presented the vote of thanks, while speaking, she stressed upon the need of organizing such programmes in order to create awareness regarding the importance of environment among the students.



## Xth ANNUAL DAY Cum

### Prize Distribution Function

On June 18, 2011, the college observed its Xth Annual Day cum Prize distribution function which was marked by cultural fervor and gaiety. The event started with the lighting of ceremonial lamp by the Chief Guest, Prof. G.Q. Sheikh, Officer on special duty to Hon'ble Minister of higher education, Labour and Employment, J&K State. It was followed by Saraswati Vandana, folk dances and songs. A skit titled



"Jagockta" based on women empowerment was the highlight of the day. Principal, Ms. Taranjeet Kour presented the annual report of the college. Sh. VP Goswami, Financial Advisor, KC Educational Society was the guest of honour. In his address he lauded the participants for their outstanding performances. Speaking on the occasion, the chief Guest, Prof. G.Q. Sheikh emphasized that the vision of ideal education is to shape up individuals for the world they are going to live in. Ms. Shaveta Gupta, Lecturer in Education proposed a vote of thanks to the invited guests.

## NSS Camp

A ten-day NSS camp was organized by the wing from Dec. 12, 2011 to Dec. 21, 2011. The theme was "Save Environment for sustainable development". In this connection, after formal inauguration and orientation of the volunteers, an environment rally was taken out on Dec. 15 around the market of Udhaywala which is also the adopted village of the wing. It was flagged off by the Principal of the college. Speaking on the occasion she highlighted the role of youth in bringing about mass awareness of conserving the environment. The volunteers carrying placards wore T-



shirts with eco-friendly messages. They went around the market and lanes of the area shouting eco-friendly slogans. At places the volunteers interacted with the onlookers, distributed self-made paper bags to the local shopkeepers and sensitized them not to use polythene bags. They made the people stop the wastage of water, closing the running public taps and convinced them to say good bye to cigarettes and polythene. The rally was headed by NSS programme officer, Ms. Tamana Pandohi. On the day of Valedictory Function on Dec. 21, the volunteers staged a variety programme comprising Poetry Recitation followed by Seminar and a skit based on the ill effects of urbanization. On this occasion, Dr. Jasbir Singh, Programme coordinator NSS, University of Jammu was the Chief Guest. Speaking on the occasion, he lauded the efforts of the volunteers and stressed upon the need of increasing the involvement of student community in NSS programmes. Earlier Principal Ms. Taranjeet Kour presented the welcome address and Ms Tamana Pandohi, NSS Programme officer presented a detailed account of activities undertaken during the camp which included Environmental Rally, Quiz Competition, Plantation and campaigning for various aspects of the theme in Udhaywala Slum area.

## Workshop on Financial Education

—(by SEBI)—

A one-day workshop on Financial Education was conducted on Feb. 10, 2012. The objective of workshop was to create awareness among the students regarding the judicious use of their pocket money. The programme was sponsored by stock and exchange board of India, SEBI. Mr. S.D. Khajuria was the worthy resource person. He demonstrated some very useful tips and techniques and urged upon the student to make good use of money by investing it in small saving schemes instead of investing it otherwise. Earlier welcoming the guests, the principal of the college, Taranjeet Kour, said that inculcating such saving habits can prove to be very useful in real life situations.

Shaveta Gupta, Lecturer in Education, Presented the vote of thanks.



## Sports Meet

A week long sports meet was held in the college which started on Feb. 22, 2012 and concluded on Feb. 28, 2012 with great fervour and gaiety. Various sports events, indoor as well as outdoor, were held during the meet. They included Badminton, Kho-Kho, Table-Tennis, Cricket, Carrom and Volleyball. On the concluding day, various athletic events were held. These included 100m race, 200m race, Shot-put and Long-jump. In 100 meter race Nitin Singh and Anu Devi stood first in boys and girls category respectively. In 200 meter race Mangat Ram and lovely Kumari got first positions in their respective categories. In Shot put event Kanika Sathia clinched the top position in girls category while Ashu Kumar was first among the boys.



In long jump event Nitin Singh and Lovely Kumari got top honours in their respective categories.

Speaking on the occasion the Principal highlighted the importance of sports in life in view of today's sedentary life style and stressful working conditions. Ms. Puja Sharma, the teacher incharge and Sh. Sita Ram, the Physical instructor along with his team of workers helped in organizing the whole event.

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